

The Daily Office

Lent

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Daily Morning Prayer

The Officiant may begin with one or more of these sentences from Scripture

On Sundays and ordinary weekdays in Lent

If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8, 9*

Rend your hearts and not your garments. Return to the Lord your God, who is gracious and merciful, slow to anger and abounding in steadfast love, and repents of evil. *Joel 2:13*

I will arise and go to my father, and I will say to him, “Father, I have sinned against heaven, and before you; I am no longer worthy to be called your child.” *Luke 15:18, 19*

To the Lord our God belong mercy and forgiveness, because we have rebelled and have not obeyed the voice of the Lord by following the laws which our God set before us. *Daniel 9:9, 10*

Jesus said: “If any of you would come after me, deny yourself and take up your cross and follow me.” *Mark 8:34*

On Major Saints' Days

(St. Matthias, Feb. 24; St. Joseph, Mar. 19; Annunciation, Mar. 25)

We give thanks to the Father, who has made us worthy to share in the inheritance of the saints in light. *Colossians 1:12*

You are no longer strangers and sojourners, but fellow citizens with the saints and members of the household of God. *Ephesians 2:19*

Their sound has gone out into all lands, and their message to the ends of the world. *Psalms 19:4*

The Invitatory and Psalter

All stand

Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Officiant and People

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.**

Then follows the Invitatory Psalm, Venite or all of Psalm 95 (pp. 3-4Error! Bookmark not defined.).

Venite Psalm 95:1-7

Antiphon on Sundays and ordinary weekdays in Lent

Our God is full of compassion and mercy: **O come let us worship.**

Antiphon on St. Matthias (Feb. 24) and St. Joseph (Mar. 19):

Our God is glorious in all the saints: **O come let us worship.**

Antiphon on the Annunciation (Mar. 25)

The Word was made flesh and dwelt among us: **O come let us worship.**

Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

Let us come before God's presence with thanksgiving *

and raise to the Lord a shout with psalms.

For you are a great God; *

you are great above all gods.

In your hand are the caverns of the earth, *

and the heights of the hills are yours also.

The sea is yours, for you made it, *

and your hands have molded the dry land.

Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

For you are our God,

and we are the people of your pasture and the sheep of your hand. *

Oh, that today we would hearken to your voice!

On Ash Wednesday and all Fridays in Lent, the remainder of Psalm 95 is added:

“Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
They put me to the test, *
though they had seen my works.

“Forty years long I detested that generation and said, *
‘This people are wayward in their hearts;
they do not know my ways.’
So I swore in my wrath, *
‘They shall not enter into my rest.’”

The Psalm or Psalms Appointed

At the end of the Psalms is sung or said

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Readings

One or two Readings, as appointed, are read, the Reader first saying

A Reading from _____.

After each Reading the Reader may say

Here ends the Reading.

Silence may be kept after each Reading.

After each Reading, the Canticle appointed is sung or said.

On ordinary Sundays and weekdays the first Canticle is appointed by day of the week (pp. 6-9).

On Major Feasts (St. Matthias, St. Joseph, Annunciation) it is the Te Deum (p. 10).

The second Canticle is the Benedictus (pp. 11-12).

Seek while the Lord wills to be found; *
 call out when the Lord draws near.
Let the wicked forsake their ways *
 and the evil ones their thoughts;
And let them turn to the Lord, who will have compassion, *
 and to our God, who will richly pardon.
For my thoughts are not your thoughts, *
 nor your ways my ways, says the Lord.
For as the heavens are higher than the earth, *
 so are my ways higher than your ways,
 and my thoughts than your thoughts.
For as rain and snow fall from the heavens *
 and return not again, but water the earth,
Bringing forth life and giving growth, *
 seed for sowing and bread for eating,
So is my word that goes forth from my mouth; *
 it will not return to me empty;
But it will accomplish that which I have purposed, *
 and prosper in that for which I sent it.

Christ revealed our frailty and our falling, *

our trespasses and our humiliations.

Christ also revealed his blessed power, *

his blessed wisdom and love.

He protects us as tenderly and as sweetly when we are in greatest need; *

he raises us in spirit

and turns everything to glory and joy without ending.

God is the ground and the substance, the very essence of nature; *

God is the true father and mother of natures.

We are all bound to God by nature, *

and we are all bound to God by grace.

And this grace is for all the world, *

because it is our precious mother, Christ.

For this fair nature was prepared by Christ

for the honor and nobility of all, *

and for the joy and bliss of salvation.

Jesus, as a mother you gather your people to you; *
 you are gentle with us as a mother with her children.
Often you weep over our sins and our pride, *
 tenderly you draw us from hatred and judgment.
You comfort us in sorrow and bind up our wounds, *
 in sickness you nurse us and with pure milk you feed us.
Jesus, by your dying, we are born to new life; *
 by your anguish and labor we come forth in joy.
Despair turns to hope through your sweet goodness; *
 through your gentleness, we find comfort in fear.
Your warmth gives life to the dead, *
 your touch makes sinners righteous.
Lord Jesus, in your mercy, heal us; *
 in your love and tenderness, remake us.
In your compassion, bring grace and forgiveness, *
 for the beauty of heaven, may your love prepare us.

O Lord and Ruler of the hosts of heaven, *
God of Abraham, Isaac, and Jacob,
and of all their righteous offspring:
You made the heavens and the earth, *
with all their vast array.
All things quake with fear at your presence; *
they tremble because of your power.
But your merciful promise is beyond all measure; *
it surpasses all that our minds can fathom.
O Lord, you are full of compassion, *
long-suffering, and abounding in mercy.
You hold back your hand; *
you do not punish as we deserve.
In your great goodness, Lord,
you have promised forgiveness to sinners, *
that they may repent of their sin and be saved.
And now, O Lord, I bend the knee of my heart, *
and make my appeal, sure of your gracious goodness.
I have sinned, O Lord, I have sinned, *
and I know my wickedness only too well.
Therefore I make this prayer to you: *
Forgive me, Lord, forgive me.
Do not let me perish in my sin, *
nor condemn me to the depths of the earth.
For you, O Lord, are the God of those who repent, *
and in me you will show forth your goodness.
Unworthy as I am, you will save me,
in accordance with your great mercy, *
and I will praise you without ceasing all the days of my life.
For all the powers of heaven sing your praises, *
and yours is the glory to ages of ages. Amen.

We praise you, O God,
we acclaim you as Lord;
all creation worships you,
the Father everlasting.

To you all angels, all the powers of heaven,
the cherubim and seraphim, sing in endless praise:

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

The glorious company of apostles praise you.

The noble fellowship of prophets praise you.

The white-robed army of martyrs praise you.

Throughout the world the holy Church acclaim you:

Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.

You, Christ, are the king of glory,
the eternal Son of the Father.

When you took our flesh to set us free
you humbly chose the Virgin's womb.

You overcame the sting of death
and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

We believe that you will come to be our judge.

Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

Antiphons on the Benedictus

Antiphon on Ash Wednesday and on Sundays and ordinary weekdays

You have given your people knowledge of salvation **by the forgiveness of their sins.**

Antiphon on St. Matthias' Day (Feb. 24)

On the foundation stones of the heavenly Jerusalem **are written the names of the twelve apostles of the Lamb, and the Lamb himself is the lamp of the city.**

Antiphon on St. Joseph's Day (Mar. 19)

You have raised up for us a mighty savior, **born of the house of your servant David.**

Antiphon on the Annunciation (Mar. 25)

In your great love for us, O God, **you sent your Son, in the likeness of our sinful flesh.**

+ Blessed are you, Lord, the God of Israel, *
you have come to your people and set them free.
You have raised up for us a mighty Savior, *
born of the house of your servant David.
Through your holy prophets you promised of old
to save us from our enemies, *
from the hands of all who hate us,
To show mercy to our forebears, *
and to remember your holy covenant.
This was the oath you swore to our father Abraham, *
to set us free from the hands of our enemies,
Free to worship you without fear, *
holy and righteous before you all the days of our life.
And you, child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare the way,
To give God's people knowledge of salvation *
by the forgiveness of their sins.
In the tender compassion of our God *
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.

On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

The people stand or kneel

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those

who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins
as we forgive those

who sin against us.

Save us from the time of trial,
and deliver us from evil.

For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

The Suffrages

On Sundays and ordinary weekdays in Lent

- V. Help us, O God our Savior;
R. **Deliver us and forgive us our sins.**
V. Look upon your congregation;
R. **Give to your people the blessing of peace.**
V. Declare your glory among the nations;
R. **And your wonders among all peoples.**
V. Do not let the oppressed be shamed and turned away;
R. **Never forget the lives of your poor.**
V. Continue your loving-kindness to those who know you;
R. **And your favor to those who are true of heart.**
V. Satisfy us by your loving-kindness in the morning;
R. **So shall we rejoice and be glad all the days of our life.**

On Major Feasts (St. Matthias, St. Joseph, Annunciation)

- V. Save your people, Lord, and bless your inheritance;
R. **Govern them and uphold them, now and always.**
V. Day by day we bless you;
R. **We praise your name for ever.**
V. Lord, keep us from all sin today;
R. **Have mercy upon us, Lord, have mercy.**
V. Lord, show us your love and mercy;
R. **For we put our trust in you.**
V. In you, Lord, is our hope;
R. **And we shall never hope in vain.**

The Officiant says the Collect of the Day as appointed below

Ash Wednesday (and weekdays following)

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Sunday in Lent (and weekdays following)

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan; Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Second Sunday in Lent (and weekdays following)

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

Third Sunday in Lent (and weekdays following)

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Fourth Sunday in Lent (and weekdays following)

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Fifth Sunday in Lent (and weekdays following)

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Saint Matthias

February 24

Almighty God, who in the place of Judas chose your faithful servant Matthias to be numbered among the Twelve: Grant that your Church, being delivered from false apostles, may always be guided and governed by faithful and true pastors; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Saint Joseph

March 19

O God, who from the family of your servant David raised up Joseph to be the guardian of your incarnate Son and the spouse of his virgin mother: Give us grace to imitate his uprightness of life and his obedience to your commands; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Annunciation

March 25

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought to the glory of his resurrection; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

The Officiant adds the Collect appointed for the day of the week

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

A Collect for the Renewal of Life

(Monday)

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. **Amen.**

A Collect for Peace

(Tuesday)

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

A Collect for Grace

(Wednesday)

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. **Amen.**

A Collect for Guidance

(Thursday)

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen.**

A Collect for Fridays

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified:

Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord.

Amen.

A Collect for Saturdays

Almighty God, who after the creation of the world rested from all your works and sanctified a day of rest for all your creatures: Grant that we,

putting away all earthly anxieties, may be duly prepared for the service of your sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to your people in heaven; through Jesus Christ our Lord. **Amen.**

Then the Officiant adds one of these prayers for mission

(Sunday, Wednesday, Saturday)

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

(Monday, Thursday)

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord.
Amen.

(Tuesday, Friday)

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

Here may be sung a hymn or anthem.

Prayers of thanksgiving and intercession may be offered.

Before the close of the Office one or both of the following may be used

The General Thanksgiving

Officiant and People

Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to
make our common supplication to you; and you have promised through
your well-beloved Son that when two or three are gathered together in his
Name you will be in the midst of them: Fulfill now, O Lord, our desires
and petitions as may be best for us; granting us in this world knowledge of
your truth, and in the age to come life everlasting. **Amen.**

Then may be said

Let us bless the Lord.

Thanks be to God.

The Officiant may then conclude with one of the following

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.**

2 Corinthians 13:14

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. **Amen.** *Romans 15:13*

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to God from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.** *Ephesians 3:20-21*

Daily Evening Prayer

The Officiant may begin with one or more of these sentences from Scripture

Let my prayer be set forth in your sight as incense, the lifting up of my hands as the evening sacrifice. *Psalm 141:2*

Grace to you and peace from God our Father and from the Lord Jesus Christ. *Philippians 1:2*

Worship the Lord in the beauty of holiness; let the whole earth tremble before the Holy One. *Psalm 96:9*

Yours is the day, O God, yours also the night; you established the moon and the sun. You fixed all the boundaries of the earth; you made both summer and winter. *Psalm 74:15, 16*

I will bless the Lord who gives me counsel; my heart teaches me, night after night. I have set the Lord always before me; because God is at my right hand, I shall not fall. *Psalm 16:7, 8*

Seek the one who made the Pleiades and Orion, and turns deep darkness into the morning, and darkens the day into night; who calls for the waters of the sea and pours them out upon the surface of the earth: whose name is the Lord. *Amos 5:8*

If I say, "Surely the darkness will cover me, and the light around me turn to night," darkness is not dark to you, O Lord; the night is as bright as the day; darkness and light to you are both alike. *Psalm 139:10,11*

Jesus said, "I am the light of the world; whoever follows me will not walk in darkness, but will have the light of life." *John 8:12*

The Invitatory and Psalter

All stand

Officiant O God, make speed to save us.

People O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

O Gracious Light *Phos hilaron*

O gracious light,
pure brightness of the everliving Father in heaven,
O Jesus Christ, holy and blessed!

Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God: Father, Son, and Holy Spirit.

You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of Life,
and to be glorified through all the worlds.

The Psalm or Psalms Appointed

At the end of the Psalms is sung or said

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

The Readings

One or two Readings, as appointed, are read, the Reader first saying

A Reading from _____.

After each Reading the Reader may say

Here ends the Reading.

Silence may be kept after each Reading.

The Magnificat (pp. 27-28) is sung or said after the first Reading.

If there are two Readings, the Nunc dimittis (p. 29) is sung or said after the second.

Antiphons on the Magnificat

Antiphon on Ash Wednesday

Behold, now is the acceptable time; **behold, now is the day of salvation.**

Antiphon on Mondays and Thursdays

You have cast down the mighty from their thrones, **and have lifted up the lowly.**

Antiphon on Tuesdays and Fridays

My spirit rejoices **in you, O God my Savior.**

Antiphon on other Wednesdays and Saturdays

You have come to the help of your servant Israel, **for you have remembered your promise of mercy.**

Antiphon on the First Sunday in Lent and on its Eve

Behold, now is the acceptable time; **behold, now is the day of salvation.**

Antiphon on the Second Sunday in Lent and on its Eve

God loved the world so much **as to give the Only-Begotten, that whoever believes in him should not perish, but have eternal life.**

Antiphon on the Third Sunday in Lent and on its Eve

The hour is coming, and now is, **when the true worshipers will worship God in spirit and in truth.**

Antiphon on the Fourth Sunday in Lent and on its Eve

I am the living bread which came down from heaven; **anyone who eats of this bread will live for ever.**

Antiphon on the Fifth Sunday in Lent and on its Eve

I am Resurrection and I am Life, says the Lord. **Those who believe in me, even though they die, will live. And everyone who lives and believes in me will never die.**

Antiphon on St. Matthias' Day (Feb. 24)

In the heavenly realm, the blessed have their dwelling-place, and their rest for ever and ever.

Antiphon on St. Joseph's Day (Mar. 19)

In the heavenly realm, the blessed have their dwelling-place, and their rest for ever and ever.

Antiphon on the Annunciation (Mar. 25)

Hail, Mary! Hail, O favored one; the Lord is with you; blessed are you among women.

The Song of Mary

Magnificat

(First Cantic)

Luke 1:46-55

+ My soul proclaims the greatness of the Lord,
my spirit rejoices in you, O God my Savior, *
for you have looked with favor on your lowly servant.

From this day all generations will call me blessed: *
you, the Almighty, have done great things for me,
and holy is your name.

You have mercy on those who fear you *
from generation to generation.

You have shown strength with your arm *
and scattered the proud in their conceit,
Casting down the mighty from their thrones *
and lifting up the lowly.

You have filled the hungry with good things *
and sent the rich away empty.

You have come to the help of your servant Israel, *
for you have remembered your promise of mercy,

The promise made to our forebears, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

Luke 2:29-32

Antiphon on Epiphany Eve (Jan. 5) and the Epiphany (Jan. 6)

God has given Jesus as a light to the nations, **that salvation may reach to the ends of the earth.**

Antiphon on Sundays and Major Feasts

My eyes, O Lord, **have seen your salvation.**

Antiphon on Mondays and Thursdays

Lord, you now have set your servant free,

to go in peace as you have promised.

Begin the canticle with "For these eyes. . . ."

Antiphon on Tuesdays and Fridays

Christ is the glory of **your people Israel.**

Antiphon on Wednesdays and Saturdays

Christ is the Light to **enlighten the nations.**

+ Lord, you now have set your servant free *

to go in peace as you have promised;

For these eyes of mine have seen the Savior, *

whom you have prepared for all the world to see:

A Light to enlighten the nations, *

and the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: *

as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

The Creed may be omitted when it has been used earlier at Morning Prayer.

Officiant and People together, all standing

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.

On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

The people stand or kneel

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

Officiant and People

Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
 as we forgive those
 who trespass against us.

And lead us not into temptation,
 but deliver us from evil.

For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.

Our Father in heaven,
 hallowed be your Name,
 your kingdom come,
 your will be done,
 on earth as in heaven.

Give us today our daily bread.

Forgive us our sins
 as we forgive those
 who sin against us.

Save us from the time of trial,
 and deliver us from evil.

For the kingdom, the power,
 and the glory are yours,
 now and for ever. Amen.

Then follow the Suffrages

That this evening may be holy, good, and peaceful,
We entreat you, O Lord.

That your holy angels may lead us in paths of peace and goodwill,
We entreat you, O Lord.

That we may be pardoned and forgiven for our sins and offenses,
We entreat you, O Lord.

That there may be peace to your Church and to the whole world,
We entreat you, O Lord.

That we may depart this life in your faith and fear, and not be condemned
before the great judgment seat of Christ,
We entreat you, O Lord.

That we may be bound together by your Holy Spirit in the communion of
[_____ and] all your saints, entrusting one another and all our life to
Christ,
We entreat you, O Lord.

The Officiant says the Collect of the Day as appointed below

Ash Wednesday (and weekdays following)

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Sunday in Lent (and weekdays following)

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan; Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Second Sunday in Lent (and weekdays following)

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

Third Sunday in Lent (and weekdays following)

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Fourth Sunday in Lent (and weekdays following)

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Fifth Sunday in Lent (and weekdays following)

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Saint Matthias

February 24

Almighty God, who in the place of Judas chose your faithful servant Matthias to be numbered among the Twelve: Grant that your Church, being delivered from false apostles, may always be guided and governed by faithful and true pastors; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Saint Joseph

March 19

O God, who from the family of your servant David raised up Joseph to be the guardian of your incarnate Son and the spouse of his virgin mother: Give us grace to imitate his uprightness of life and his obedience to your commands; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Annunciation

March 25

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought to the glory of his resurrection; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

The Officiant adds the Collect appointed below for the day of the week

A Collect for Sundays

Lord God, whose Son our Savior Jesus Christ triumphed over the powers of death and prepared for us our place in the new Jerusalem: Grant that we, who have this day given thanks for his resurrection, may praise you in that City of which he is the light, and where he lives and reigns for ever and ever. **Amen.**

A Collect for Peace

(Monday)

Most holy God, the source of all good desires, all right judgments, and all just works: Give to us, your servants, that peace which the world cannot give, so that our minds may be fixed on the doing of your will, and that we, being delivered from the fear of all enemies, may live in peace and quietness; through the mercies of Christ Jesus our Savior. **Amen.**

A Collect for Aid against Perils

(Tuesday)

Be our light in the darkness, O Lord, and in your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Savior Jesus Christ. **Amen.**

A Collect for Protection

(Wednesday)

O God, the life of all who live, the light of the faithful, the strength of those who labor, and the repose of the dead: We thank you for the blessings of the day that is past, and humbly ask for your protection through the coming night. Bring us in safety to the morning hours; through him who died and rose again for us, your Son our Savior Jesus Christ. **Amen.**

A Collect for the Presence of Christ

(Thursday)

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. **Amen.**

A Collect for Fridays

Lord Jesus Christ, by your death you took away the sting of death: Grant to us your servants so to follow in faith where you have led the way, that we may at length fall asleep peacefully in you and wake up in your likeness; for your tender mercies' sake. **Amen.**

A Collect for Saturdays

O God, the source of eternal light: Shed forth your unending day upon us who watch for you, that our lips may praise you, our lives may bless you, and our worship on the morrow give you glory; through Jesus Christ our Lord. **Amen.**

Then the Officiant adds one of these prayers for mission

(Sunday, Wednesday, Saturday)

O God and Father of all, whom the whole heavens adore: Let the whole earth also worship you, all nations obey you, all tongues confess and bless you, and men and women everywhere love you and serve you in peace; through Jesus Christ our Lord. **Amen.**

(Monday, Thursday)

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. **Amen.**

(Tuesday, Friday)

O God, you manifest in your servants the signs of your presence: Send forth upon us the Spirit of love, that in companionship with one another your abounding grace may increase among us; through Jesus Christ our Lord. **Amen.**

Here may be sung a hymn or anthem.

Prayers of thanksgiving and intercession may be offered.

Before the close of the Office one or both of the following may be used

The General Thanksgiving

Officiant and People

Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to
make our common supplication to you; and you have promised through
your well-beloved Son that when two or three are gathered together in his
Name you will be in the midst of them: Fulfill now, O Lord, our desires
and petitions as may be best for us; granting us in this world knowledge of
your truth, and in the age to come life everlasting. **Amen.**

Then may be said

Let us bless the Lord.

Thanks be to God.

The Officiant may then conclude with one of the following

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.**

2 Corinthians 13:14

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. **Amen.** *Romans 15:13*

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to God from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.** *Ephesians 3:20-21*

Daily Morning and Evening Prayer are Rite II from the Book of Common Prayer with supplementary texts from Enriching Our Worship 1. Certain texts have been slightly adapted for gender-inclusive language.

The antiphons on Benedictus, Magnificat, and Nunc dimittis are from The Prayer Book Office, compiled and edited by Howard E. Galley (New York: Seabury Press, 1988). Certain texts have been slightly adapted for gender-inclusive language.

